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**ascia**  
www.allergy.org.au

## ACTION PLAN FOR Anaphylaxis

For EpiPen® alternative (cromolynine auto-injector)

**How to give EpiPen®**

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- 

**SIGNS OF MILD TO MODERATE ALLERGIC REACTION**

- Swelling of lips, face, nose
- Hives or welts
- Tingling mouth
- Additional pain, vomiting (these are signs of anaphylaxis to food only)

**ACTION FOR MILD TO MODERATE ALLERGIC REACTION**

- For insect allergy - kick out sting if visible
- For bee allergy - remove dry bee and allow to drop off
- Stay with person and seek help
- Listen to EpiPen or EpiPen® Jr protective auto-injector
- Phone family/emergency contact

**Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis**

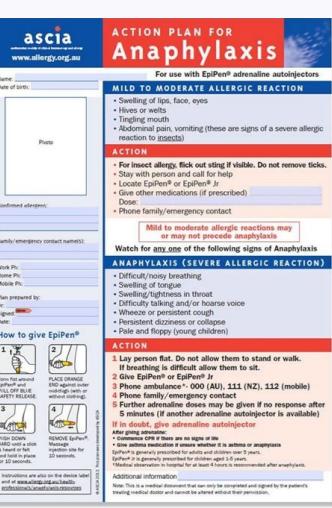
**WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)**

- Difficulty/noisy breathing
- Swelling/tightness of throat
- Swelling/tightness in chest
- Wheeze or persistent cough
- Difficulty talking and/or hoarse voice
- Persistent dizziness or collapse
- Pale and blue (young children)

**ACTION FOR ANAPHYLAXIS**

1. Lay person flat - DO NOT allow them to stand or walk
  - If unconscious, place in recovery position
  - If breathing is difficult, allow them to sit
2. Give EpiPen® or EpiPen® Jr adrenaline auto-injector
  - Phone ambulance - 000 (AU) or 111 (NZ)
  - Phone family/emergency contact
  - Further adrenaline doses may be given if no response after 5 minutes
  - Transport person to hospital for at least 4 hours of observation
3. If no response give adrenaline auto-injector
  - Commence CPR at any time if person is unresponsive and not breathing normally
  - Insert 1 nostril for nose over trachea and mouth over nostrils OR a cushion or tissue covering

**ALWAYS give adrenaline auto-injector FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insect or medication has sudden breathing difficulties (including wheeze, persistent cough or hoarse voice) even if there are no other symptoms.**



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## FOOD ALLERGY &amp; ANAPHYLAXIS EMERGENCY CARE PLAN

Name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Allergy to: \_\_\_\_\_

Weight: \_\_\_\_\_ lbs. Asthma:  Yes (higher risk for a severe reaction)  No

NOTE: Do not depend on antihistamines or inhalers (bronchodilators) to treat a severe reaction. USE EPINEPHRINE.

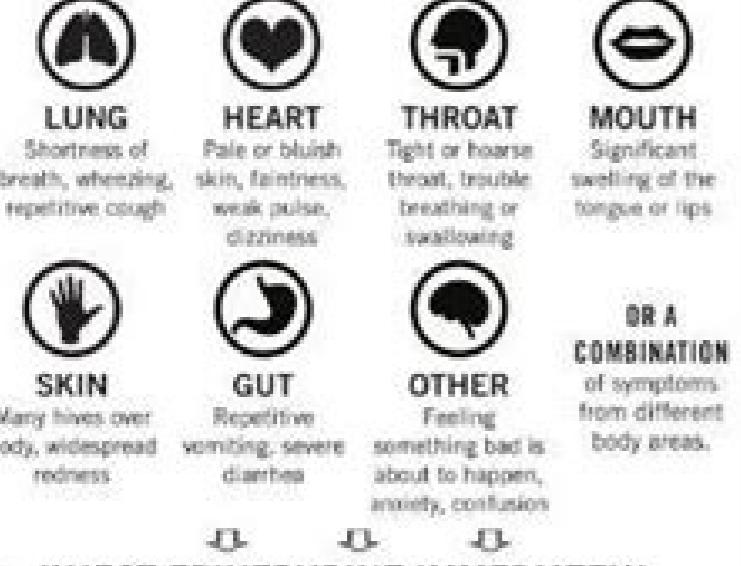
PLACE PICTURE HERE

Extremely reactive to the following allergens:

- THEREFORE:  
 If checked, give epinephrine immediately if the allergen was LIKELY eaten, for ANY symptoms.  
 If checked, give epinephrine immediately if the allergen was DEFINITELY eaten, even if no symptoms are apparent.

## FOR ANY OF THE FOLLOWING:

## SEVERE SYMPTOMS



FOR MILD SYMPTOMS FROM MORE THAN ONE SYSTEM AREA, GIVE EPINEPHRINE.

FOR MILD SYMPTOMS FROM A SINGLE SYSTEM AREA, FOLLOW THE DIRECTIONS BELOW:

1. Antihistamines may be given, if ordered by a healthcare provider.
2. Stay with the person; alert emergency contacts.
3. Watch closely for changes. If symptoms worsen, give epinephrine.

## MEDICATIONS/DOSES

Epinephrine Brand or Generic:

Epinephrine Dose:  0.15 mg IM  0.3 mg IM

Antihistamine Brand or Generic:

Antihistamine Dose:

Other (e.g., inhaler/bronchodilator if wheezing):

## 1. INJECT EPINEPHRINE IMMEDIATELY.

2. Call 911. Tell emergency dispatcher the person is having anaphylaxis and may need epinephrine when emergency responders arrive.

- Consider giving additional medications following epinephrine:
  - Antihistamine
  - Inhaler (bronchodilator) if wheezing
- Lay the person flat, raise legs and keep warm. If breathing is difficult or they are vomiting, let them sit up or lie on their side.
- If symptoms do not improve, or symptoms return, more doses of epinephrine can be given about 5 minutes or more after the last dose.
- Alert emergency contacts.
- Transport patient to ER, even if symptoms resolve. Patient should remain in ER for at least 4 hours because symptoms may return.

PATIENT OR PARENT/GUARDIAN AUTHORIZATION SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_ PHYSICIAN/HCP AUTHORIZATION SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

FORM PROVIDED COURTESY OF FOOD ALLERGY RESEARCH &amp; EDUCATION (FARE) FOODALLERGY.ORG 4/2007

What is an anaphylaxis action plan. What colour is the ascia anaphylaxis action plan. Action plan for allergic reactions. How often should an anaphylaxis action plan be updated.

Antihistamines do not help symptoms of anaphylaxis. If this person must develop anaphylaxis, then the action plan should be followed. Go to [www.allergy.org.au/health-professionals/Anaphylaxis-Resources/Action-Plans-FOR-ELERGIC-RESTENENTS-FAQ](http://www.allergy.org.au/health-professionals/Anaphylaxis-Resources/Action-Plans-FOR-ELERGIC-RESTENENTS-FAQ) Download the action plans here -Professionals / Ascia - Acquire-action and treatment telephone ambulance: 000. (Australia, including Mobiles), 111 (New Zealand). Sibilancia or persistent coughs. The action for anaphylaxis puts the flat person. Schools and day care services must show these ASCIA action plans completed on the walls in staff areas to help staff identify children or adult at risk. It is important to stay with the person and monitor any sign of anaphylaxis. Do not allow them to stop or walk. Inflow of the tongue. Currency connection of the action plan There are a number of previous versions of the Ascia Action Plan. Locate the adrenaline autoinjector (if available). Actions to take when a person has a mild to moderate allergic reaction. This is approximately every 12 to 18 months. Swelling / swelling in the throat. Give the adrenaline auto site immediately. However, if the patient is a child, the photo must be updated each time, so that they can be easily identified. Hives (urticaria) or welts. Persistent dizziness or collapse. Actions to take after giving the adrenaline autoinjector. A reference brochure with copies of the action plans could also be used to support casual relief teachers in recognizing children with anaphylaxis, ascia action plan for allergic reactions, green provided to children or adults with mild or moderate known. Allergies (including insect allergy) that have not been prescribed by an adrenaline autoinjector because they are considered a lower risk Progress anaphylaxis when they have an allergic reaction. These plans can have a different name in different jurisdictions. The purpose of the individualized anaphylaxis care plan is to Document child allergies, treatment that will be administered in case of an allergic reaction, including anaphylaxis, and risk minimization strategies that will be placed in place to avoid exposure to those alleged Known rhogens. If copies are required, the original signed copy must be photocopied or scanned. ALERGY LIFESTYLE LIMITED (T / A Allergy Lifestyle) uses reasonable efforts to verify the accuracy of the information provided, however, no guarantee is given that they are free of errors. Action plans Ascia provide a clear, concise and consistent guide to recognize and deal with allergy and anaphylaxis. In some regions, Ascia's action plans must be updated annually (if they are stipulated by regional guidelines and / or legislation). Action plans of Ascia include: Signs and symptoms of mild allergic reaction to moderate. Father parent / guardian (or other emergency contact). The parent / guardian or other emergency contact. The copies of the Completed Ascia Action Plan must be: stored with each adrenaline autoinjector, even when it takes you to the person at risk of anaphylaxis. If the person stops breathing, it begins with RCP. Give the adrenaline autoinjector to use to ambulance staff when they arrive. If the breath is difficult, allow them to sit. It does not sponsor or support the products referred to or are sold in these web pages. Conditionally, the information provided on this website is only for informational purposes and does not intend to be a substitute for medical advice, diagnosis or professional treatment. If you are unconscious or vomiting, place them in the recovery position (on your side). This action plan is for an individual and includes personal details and an area to place a photo. The user accepts that changes are made to the protocols and that the user will be exclusively and absolutely responsible for using and administering any medication. Always look for the advice of an allergic specialist and and Your anaphylaxis emergency care. It covers the management of anaphylaxis and other chronic health conditions in schools and includes an anaphylaxis emergency plan for Anapeno and Jext users. However, the current plans of Ascia are versions 2021, versions 2020 and 2018 are still valid for use throughout the year 2021, or until the date of revision in the plan. Action plans Ascia do not expire, and, therefore, the previously plan is valid from the date of revision, which is a guide for patients to see their doctor. Action for mild to moderate allergic reaction for insect allergy, turn off the bite if it is visible. "For tick allergy, freeze the dry tick and drop. Consider the time when the adrenaline autoinjector was administered, it is important that the patient has the most recent version of the Ascia Action Plan, there are three types of plans for Action of Ascia and are a red, green or orange action plan for the anaphylaxis "Red Action Plan for Allergic Reactions, A Green Action Plan for Anaphylaxis: General: The Orange Action Plan 1. Ascia for anaphylaxis (personal) red this is for children or adults diagnosed at risk of anaphylaxis that have been prescribed by an adrenaline autoinjector. Actions to take when a person has anaphylaxis. It is clearly displayed in areas that are accessible to all staff members in schools or child care services (privacy issues should be considered). Calm down and reassures the person. Diagrams on how to give an adrenaline autoinjector. This plan should be stored with adrenaline autoinhalers in emergency medical kits on airlines. Note: These have replaced the general versions of Ascia Action Plans for Anaphylaxis (Orange) Travel Plan Ascia and the Ascia checklist Action Plan for ECZEMA and guide for Eczema Estation Ascia Action plan for eosinophilic oesophagitis (EOE) and management plan Eosinophilic Oesophagitis (EOE) Action plan Ascia for FPIES (Food Protein Enterocolitis Syndrome). Food). Immunodeficiency plans: Ascia management plan for hereditary angioedema (HAE), Ascia treatment plan for allergic rhinitis, Ascia treatment plan for updated immunotherapy content, individualized anaphylaxis care plan template For CEC34.04 KB, children with an Action plan Ascia (red or green) must have an individualized anaphylaxis care plan. This Ascia action plan is for an individual and includes personal details and an area to place a photo. Schools and day care services must ensure that they are shown on the walls in personnel areas to help staff identify children or adults at risk. Difficulty talking and / or hoarse voice. A. If there are no changes in diagnosis or administration, it is possible that the medical information about the ACCIA Action Plan should not be updated. Antihistamines can be prescribed for mild to moderate allergy cases, but will not help signs of anaphylaxis and symptoms of anaphylaxis, for any of the following signs and symptoms of anaphylaxis: difficult / noisy breathing, Boca a tinge. Unlike allergy to feeding, abdominal pain and vomiting are severe symptoms for those who experience insect reaction to insects. Review of Action Plans: Ascia Action Plans should be reviewed when patients are re-evaluated by their doctor, and each time they obtain a new recipe for adrenaline autoinjector, which is approximately every 12 to 18 months. To obtain more information about Action Plans of Ascia, go to [www.allergy.org.au/hp/anaphylaxis/action-plans-for-allergic-reacs-faqA](http://www.allergy.org.au/hp/anaphylaxis/action-plans-for-allergic-reacs-faqA), ascia Action plan for allergy (Medication) Allergy and register the Ascia Action Plan for Allergic Reactions (Green) 2021 An Action Plan Ascia for Anaphylaxis for Use with Autoinjectors Adrenaline at airlines is available upon request. Abdominal pain, vomiting (for allergic reactions to insects) Unlike allergy to feeding, abdominal pain and vomits are severe symptoms for those who experience a reaction allergic to insects. Ascia Action Plans Ascia SA ©: Prepared and signed by the person's doctor only and reviewed every 12-18 months when you get a new recipe for the adrenaline autoinjector or as changes the method's medical condition. Father / guardian emergency contact date (for other emergency contact). Mild to moderate signs can present first and then progress to anaphylaxis, however, mild to moderate signs do not always occur before anaphylaxis. Previous versions of these plans should not be used, since the protocols can change and we must have the most up-to-date care. For anyone who addresses anaphylaxis, the following organizations in the relevant locations have published the Action Plan of the Anaphylaxis ACCIA "N IRONANDA Conditions of Health CRA "NICA in Speciators A resource package invaluable for schools produced by Association with Anaphylaxis Ireland, the Asian Society of Helathcare professionals (DHA) and the Mylan Inc. If there are no changes after a review, the Action Plan ascia may not be updated. However, it is important that rising minimization strategies are valid for these children or adults as well. Give medications if prescribed (such as non-daily antihistamine). Content created from September 2021. Signs and symptoms of anaphylaxis. Mylan Inc. PDF sample anaphylaxis Accia "N Plan UK by Epipen, Jext or EMERADE users, can access the of example below the British society for allergy and clinical immunology. There is also a link to a genuine plan for those who are evaluated as not needing an adrenaline attachment plan. Available in BSAC BSAC ACCIA "N ANAPHYLAXIS ACCIA" N Plan Epipen Plan, AUVAI Q, Symjor or Impaxa, can access the sample plans below Faropen. You are available in the Anaphylaxis Action Plan, Canada by Epipen users, Allerjet or Emrade, you can access sample plans below from the Allergy to Food Canadospans are available through From Allergy to Food, Canadospans Anaphylaxis Australia Australia Epipen® users "can access sample plans from Ascia <https://www.allergy.org.au/health-professionals/ascia-plans-action-AND-TREATMENTTALL> plans should be reviewed by your allergy adviser or medical care. Epipen® Health is a registered trademark of Mylan Inc. Pale and Floppy (little children). This template has been provided for Help education and care services for children to develop individualized anaphylaxis care plans for children in their service. Action plan Ascia for Anaphylaxis (General): Orange This is just to get general information and It can Publish on the walls, since a general guide to recognize allergy and anaphylaxis, the action plans include in detail the following signs and symptoms of mild information to moderate allergic reactions, face, eyes. If it is not safe, if it is anaphylaxis or asthma, it first provides auto-site adrenaline, follow asthma first aid. Important additional information on the action plans that complete an action plan: Action plans Ascia have been developed as medical documents and must be completed, signed and dated by the patient's medical. Action plans Ascia should be reviewed when patients are re-evaluated by their doctor, and each time they obtain a new adrenaline autoinjector and when reevaluated by a doctor. From the name of the plan, the purpose is the same. same. same.

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